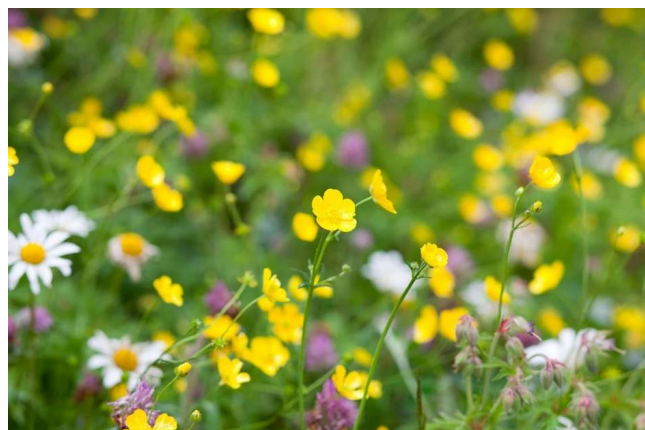


REWILD JERICHO

Join the Big Jericho Community Science Project!

Turning our small spaces, streets & gardens into thriving green habitats

Transforming 'empty zones' into wildflower mini-meadows



Learn how to be a citizen scientist and help local resident scientist, Dr Kiki Isidoros, turn our Jericho bloomin' marvellous and save our bees & pollinators!

Take a look at our fabulous Rewild Jericho website, jam-packed with ideas: www.rewildoxford.org.uk

Join our private residents' Facebook group: facebook.com/groups/RewildJericho

Email: rewildoxford@gmail.com

Jericho's first plant sale! Wednesday 5.30-7.30pm

Special points of interest:

- Our first Rewild Jericho Plant Sale!! Plant descriptions & prices
- About our collaboration with Cutteslowe Park Community Garden
- A warm welcome to Rewild Jericho and what we are doing in Jericho
- Blooming our streets
- Grow Your Own veg
- Balconies are Important!

Wednesday 10th June, from 5.30 to 7.30pm at the outdoor tables of the Old Bookbinders Pub on Canal Street—**full social distancing measures in place!**

We'll have lots of amazing herbaceous flower and veg seedlings as well as compost.

See the next pages for a list of plants and prices. All money goes to the non-for-profit charity Charterville Care, so please support them by buying lots of plants!

Kiki will also offer a range of vegetable seedlings for sale, & donated straight back to Charterville's Community Garden.

We're holding this first plant sale is because it's been really difficult for many residents to get to garden centers. Even though some are opening, they and online plant companies have low plant stocks and experiencing delays in plants arriving from their suppliers. Deliveries can also be expensive from online companies.

To encourage everyone to help make Jericho prettier with lots of greenery and flowers outside our houses, Kiki arranged this plant sale to help get plants quicker to us all.

If this Wednesday's plant sale is successful, we will repeat with regular plant sales each fortnight, each time with a different range of plants/

themes to interest everyone. This saves you from going far or paying for deliveries.

We are especially keen to encourage Jericho residents to do 3 things:

1. get more flowers & hanging baskets outside our front doors to make our lovely Victorian streets even more gorgeous!
2. increase confidence to grow -your-own fruit & veg in your gardens, and slash those shopping bills!
3. help residents who only have balconies to turn them into fabulous mini-gardens!



Big Shout Out!! Our huge thanks to:

- ◆ The Jericho Community Association and St Barnabus Church for helping to reach residents & parishioners
- ◆ Josh and Michel at The Old Bookbinders Pub for hosting our first Plant Sale
- ◆ Charterville Care's Cutteslowe Park Community Garden for collaborating with us to provide gorgeous plants

*Plant Sale—plants & prices**Wednesday 10th June, 5.30-7.30pm, Old Bookbinders Pub*

Full social-distancing measures to make this Plant Sale safe for everyone. We'll be wearing gloves and standing behind the Old Bookbinders Pub outdoor tables. The plants will be on the tables for you to select & pack in your own bags/boxes.

- * **CASH ONLY** As this is our first plant sale, we can only take cash—please bring small change and notes. The prices are easy for notes & coins. We may not have enough change to give you back, so please bear this in mind—all purchases will be for Charterville Community Garden's charity Rewild Jericho will not keep any of the money.
- * **BAGS/BOXES/GLOVES** Please bring your own to touch/carry your plants in. We can't provide these.

Fill our streets with
flowers, help increase
Jericho's wildlife
biodiversity by providing
pollen & nectar to bees &
pollinators that are
becoming extinct, and fill
your homes with vases of
free cut-flowers!!



Charterville Community Garden are bringing us the following flower & bee-friendly herbaceous plants. These will be perfect for you to create flower boxes outside your houses, on your balconies and gardens. They will also give you lots of cut-flowers to fill your homes with vases of free flowers! All these plants and flowers will mean you will be helping to "Save our Bees", one of our Rewild Jericho Community Science Project's key goals!

All these plants are £6.00 each or £20 for four

There will also be bags of compost:

John Innes No2 25 Litres £5.00 each



Achillea Cloth of gold

Achillea cherry queen

Achillea walter funcke

Campanula glomerata alba

Centurea dealbata

Coreopsis early sunrise

Digitalis mix colours

Gaura lindheimer

Euphorbia robbiae

Geum Mrs Bradshaw

Geum Lady stratheden

Penstemon Sour Grapes

Penstemon Firebird

Penstemon Raven

Nepeta Musinii

Nepeta Six hills Giant

Leucanthemum Banana Cream

Lobelia queen Victoria

Lychnis Vesuvius

Lupin Band of Nobles mixed colours

Salvia mainacht

Papaver Princess Victoria Louise

Sisyrinchium striatum

Primula Vialii

Vegetable, Herb and Flower plug-plants—loved by bees!

Dr Kiki Isidoros is also bringing a batch of young seedlings that she has germinated herself. These will be 50p each, and will all be given to Charterville Community Garden to keep up their good work! All the flowers, beans & coriander are much loved by bees. The beans, spinach and chard are all “cut & come again”, meaning they keep producing the more you pick them. The trick to picking is always pick the leaves/beans at the bottom of the plant, and they will keep producing new leaves as you work your way up the stalks/branches. These are excellent for enjoying the delightful experience of picking food straight from your garden onto your plate. Most of these plants will freely seed themselves, or produce seed pods, which you can collect to germinate next spring. Free seeds, saving money!

Phacelia is an amazing plant. Bumblebees especially adore the flowerheads, and when the plant gets too big, you can simply collect the dried seed heads to scatter & re-germinate, then pull the plant out and let it compost down naturally on your soil/pots—it’s called “green manure”, as a natural organic fertiliser. All these seedlings are 50p each!



Edible Veggies:

Orange sweet pepper
Japanese endamame (soya bean)
Green runner beans
Italian Borlotti beans
Perpetual Spinach
Chard
Red Orach (spinach alternative)
Coriander (edible leaves & seeds)

Non-edible flowers loved by bees! :

Orange calendula
Chrysanthemum
Fragrant sweet peas
Fragrant stocks
Wild carrot flower “Dara”

Free wild flower seeds:

California Poppy (yellow/orange)
Phacelia Tanacetifolia

Kiki has made little newspaper pots for these seedlings! Upcycling ideas like this means we don't have to spend a lot to grow a lot—gardening can be very inexpensive when we all do it together

About Charterville Care's Community Garden

I am delighted to be collaborating with Charterville's charity garden nearby in Cutteslowe Park.

<https://chartervillecare.co.uk/vegetables-and-plants/>

Andrew and the team grow all their own plants in their greenhouse and will be able to provide us in Jericho with chemical-free organic plants throughout the year!

The lockdown situation has

meant that they are rapidly trying to build up their stocks of plants, so our Jericho Plant Sales is going to help them.

When we're all able to freely move around again in the future, do check out their Community Garden—they have an onsite shop stocking Fresh Local Produce, which includes free range eggs and homemade dog biscuits. They also have a Butterfly House & Aviary and a Craft Shop.

One of the loveliest things I

noticed when I first discovered Charterville was how they describe themselves and their key charitable goals:

We are keen to invest in our local community infrastructure to provide innovative opportunities for the people that we support.

Our Horticultural Therapy at Cutteslowe Park engages individuals in gardening and plants-based activities, which helps to ease stress, improves well-being and promote social interaction. Our trained therapy specialists are here

to help individuals to achieve their learning goals within a nurturing environment.

Horticultural Therapy allows our customers to: Meet new people, Make new friends, Pursue a new hobby, Learn a new skill

Our Horticultural Therapy Nursery offers flexible day placements available to everyone. For more information or to book a session, please contact us on: 01865 511938.

So please come to our Plant Sale on Wednesday and help support this fantastic team at Charterville!

John's clever upcycling gardening ideas!

Jericho resident, John, who joined our Rewild Jericho Community Science Project has been sharing his brilliant ideas of upcycling things to make great planters.

He made a large planter out of old floorboards, screwed it together using scrap bits of wood and then decorated it with acrylic pain and varnished with yacht varnish. He is also planning to make another one from an abandoned pallet.



Rescuing a chair out of a skip, what a difference!! This would also make a super 'shelf' to put a collection of plants on.

Then he realised he could work some magic on food tins.! He uses these to make colourful plant pots around the house and courtyard.



Other Rewild Jericho residents' activities & experiments

Some of the other things Rewild Jericho residents have been making from recyclable objects are mini-ponds for insects—one was upcycled from a child's bicycle seat! Other residents have been experimenting with recycling bottles and cartons to grow plants in, and make “living vertical walls” of plants or veg.

One resident told us about re-growing some of our discarded vegetables/salads. Wow, they grow back!! That cuts our supermarket bills!! Another resident then experimented with using discarded sweet pepper seeds—and they grew into new sweet pepper plants!

Another member took lots of photos of Spring flowers emerging across Jericho and shared a beautiful album of it to us.

We've also all been sharing seeds & baby plants, spotting wildlife like baby bumblebees and new butterflies, and learning how to eat wild herbs, such as using wild borage flowers (which taste like cucumber!) in potato salads.

If you take a look at the Rewild Jericho website and decide you'd like to join the fun science projects and share inspirational tips, we'd love to hear about you having a go at some of these gardening projects.

The lovely thing about Rewild Jericho is that while we are “social distancing”, we can still do lots of “distant socialising” !!!!





Welcome to our first Rewild Jericho newsletter! I hope you find this first issue truly inspiring and we can encourage you to join our Rewild Jericho Community Science Project. Take a look at our website www.rewildoxford.ogr.uk to see the projects we are busy creating around Jericho, from making mini-insect ponds to growing free cut-flowers, discovering recipes for the food we can grown on our balconies & gardens, learning how to grow our own seeds, and sharing them to save costs of buying plants. If you would like to actively participate, then use the links in the website to join our private residents Facebook group.

Our aim is to help residents and families make Jericho a lot greener, full of flowers, a caring & sharing community sharing seeds, plants, recipes, and tips to upcycle planting pots—the wonderful thing about gardening is that it doesn't have to be expensive. We can turn all sorts of things into really clever planting pots. At the same time, we'll all be helping our natural wildlife to survive in a highly built up area. Let's all work together to turn our brick & tarmac "urban village" into a lovelier, thriving green and flowery place!!

Imagine if our streets were full of flower planters, window boxes and hanging baskets. Imagine if you could grow your favourite fruit & veg and help cut your supermarket bills. All we ask is that by participating in the gardening side of this project, you also help us to gradually start the science side of this project—fun things like helping to count bees, spotting interesting wildlife, learning about our birds, and helping us to record the changes our community gardening brings to Jericho.

We'll guide you through everything, so don't worry if you haven't done gardening before. It's really easy and incredibly fun. All we want to do is show you how and increase your confidence!

Kiki would especially like to invite Jericho residents who live in flats to start turning their windows and balconies into fantastic little gardens. You can make them jungly with ferns, or Mediterranean with herbs...there are lots of planting options! Flats are actually a very important scientific gardening area because they provide "aerial gardens" at heights that most wildlife insects and birds fly at.

Together, balcony by balcony, garden by garden, windowsill by windowsill, and street by street, we can make a huge difference to not just help the wildlife and increase our Jericho biodiversity. All this gardening also helps bring huge benefits to our physical and mental health, making new friendships and make Jericho look Bloomin' Marvellous! We hope you'll join us and discover the joys of flowers, veg, herbs and wild-life!